

OMEGA-3

The plentiful benefits of fish oil with no fishy flavor.

Item# 74892
60 Capsules

Omega-3 is a natural triglyceride fish lipid concentrate containing essential fatty acids that are not synthesized by the body and must be obtained through diet or supplementation. Providing 380 mg EPA/190 mg DHA per capsule.

BENEFITS

- Supports cardiovascular function
- Supports brain health
- Supports positive mood
- Helps regulate the body's ratio of HDLs to LDLs

RECOMMENDED USE

Take one capsule with a meal 2 times daily.



Supplement Facts

Serving Size 1 Capsule
Servings per container: 60

	Amount Per 1 Capsule	% Daily Value
Fish Oil (anchovy, sardine, mackerel)	1000mg	†
Eicosapentaenoic Acid (EPA)	380mg	†
Docosahexaenoic Acid (DHA)	190mg	†

†Daily Value not established.

Other Ingredients: Capsule (gelatin, glycerin, water), natural lemon oil.

*As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.

SYN-ERGY

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